

ORDERING & SCHEDULING GUIDELINES FOR BREAST IMAGING EXAMS

CLINICAL SYMPTOMS	CATEGORIES	ORDERING GUIDELINES	SCHEDULING (for internal use)
None + Breast Pain (with or w/o implants)	Annual bilateral mammography (MG) beginning at age 40 (if under 40, needs Referral (RFL))	Screening (SCRN) Bilateral MG ^{2*} (2D or 3D) First UCLA SCRN MG needs validation of appropriate Referring Provider, we recommend order & past films (Need visit with Referring Provider within 3 years)	F/U per guideline (>40 YO annual SCRN MG must be 366+ days apart*)
Symptomatic patient with Lump/ Mass/ Nodule/Thickening + Palpable lump/mass (from physical exam)	Under 30 yrs. old	Diagnostic Ultrasound (US)³ (Bilat, Left, or Right)	F/U per guideline
	30 yrs. & older	Bilateral Diagnostic MG² and Diag. ultrasound of symptomatic side.	F/U per guideline ** Exception: ASHE Orders as written
Short Term Follow-Up (F/U)	Within 2 weeks of SCRN MG ("Call Back" patients)	Referring Provider should put in order as suggested by Radiologist from last study	Transfer caller to Breast IR
	>2 weeks, <6 months follow up	Referring Provider should put in order as suggested by Radiologist from last study	Schedule as Ordered
	Breast Surgery <12 months F/U	Referring Provider should order as needed	Schedule as Ordered
"Nipple discharge" as reason for study (may be unilateral or bilateral)	Note Type: Spontaneous or Non-Spontaneous	Diagnostic Bilateral MG ² and (L, R, or Bilat.) Diagnostic US³	Create Call Back/Follow Up with Breast IR (if ordered with ductogram, transfer call to Breast IR Team)
Dense Breast (Screening Studies)	Dense Breast Letter (F/U from recent SCRN MG)	SCRN Bilateral US³ (No Unilateral and No MG)	F/U per guideline
	Annual Screening (Not Letter F/U)	SCRN Bilateral MG^{2*} (3D recommended) and Bilateral Screening Ultrasound³	F/U per guideline
Male Patients	Any symptoms	Bilateral Diagnostic Mammogram² (2D only) + Referring Provider must also order a unilateral diag. Ultrasound³	F/U per guideline Ultrasound is NOT scheduled (Tech will add as needed)

- ²Mammograms are always Bilateral if both breasts are present, screening and diagnostic.
 - Exception 1: Mastectomy/ Surgical removal where only one breast is present.
 - Exception 2: No MAM on asymptomatic breast if last bilat MAM was <1 year.
- ³All ultrasounds, regardless of screening or diagnostic, require an order
- *366 rule: for patients >40YO, each screening mammogram needs to be 366 days apart.
 - Diagnostic Mammograms or Ultrasounds of Breast are ignored in the 366 rule. Only the dates of screening mammograms are calculated.