



Computed Tomography Section

Recommended Protocol for Management of Patients with Iodine Allergy or Known Allergy to CT IV Radiographic Contrast Media

1. Prior to scheduling the CT study, Requesting / Referring Physician consultation with a Radiologist is recommended.
2. 200 Medical Plaza or Ronald Reagan UCLA buildings are the recommended locations for imaging of patients with prior history of allergy to iodine.
3. Requesting / Referring Physician to prescribe Premedication, to be initiated prior to the CT exam.
4. Recommended **Adult** Premedication:
 - a. Prednisone – 50 mg by mouth at 13 hours, 7 hours, and 1 hour before contrast media injection, plus Diphenhydramine (Benadryl®) – 50 mg intravenously, intramuscularly, or by mouth 1 hour before contrast medium.

OR

 - b. Methylprednisolone (Medrol®) – 32 mg by mouth 12 hours and 2 hours before contrast media injection. An anti-histamine (as in option 1) can also be added to this regimen injection.
5. **The patient will need a driver.** Study may be rescheduled, if patient has no ride home.